

MEGA's Sick Policy

At MEGA we strive to provide every child with a fun and safe class environment. Bringing your child to gymnastics class with any of the symptoms listed below puts them at risk of injury and puts other children and coaches at risk of getting sick.

If your child exhibits any of these symptoms, they may be asked to leave class so please keep them at home to rest.

- a profusely runny nose
- significant respiratory distress
- an undiagnosed rash or rash attributable to a contagious illness or condition
- unexplained lethargy
- the inability to participate in class with reasonable comfort
- vomiting within the previous 24 hours
- abnormally loose stools within the previous 24 hours
- contagious conjunctivitis (pink eye) or drainage from the eye
- lice or ringworm that is untreated and contagious to others
- bacterial infection, such as strep throat, and has not completed 24 hours of antimicrobial therapy
- a high temperature, or fever
- chicken pox contagious to others

